à la carte		COFFEE	
a la CaltC		Americano	\$4
		Espresso	\$4
WINE		Café au Lait	\$4
Dry Creek Vineyard Sauvignon Blanc	By the Glass \$14	Breve	\$5
Mac Rostie Chardonay	Half Carafe \$25	Red Eye	\$5
No Curfew Cabernet Sauvignon	Full Carafe \$50	Chai Latte	\$5
Seghesio Zinfandel		Cappuccino	\$5
Los Dos Cava		Double Espresso	\$5
Mimosa (Los Dos Cava & Orange Juice)		Latte	\$5
New York State Rose: Wolffer Estate		Dirty Chai Latte	\$7
New York State Riesling: Forge Cellars		Mocha Latte (Caramel or Chocolate)	\$7
		NON ALCOHOLIC	
BEER		Saratoga Sparkling or Still Water	\$4
Raquette River Mango Wheat 4.8%	\$10	Spiced Golden Milk	\$6
Moosin' Around Session IPA 4.5%	\$10	Berry Chia Refresher	\$6
Meier's Creek Berry Man Sour 6%	\$10	Dragon Fruit Lemonade	\$6
Glutenberg Blonde (Gluten Free) 4.5%	\$10	Yogurt Smoothie	\$8
Great Lakes Edmund Fitzgerald Porter 5.89	6 \$10	Hibiscus Ginger & Lime Kombucha	\$9
Prison City Mass Riot IPA 6.8%	\$10	Wellness CBD Shot (add to any of the above)	\$12

FOOD

Allergens: wheat, dairy

\$3/\$6 Yogurt Parfait Vanilla yogurt, strawberry, blueberry, pineapple, granola Allergens: dairy Chia Seed Pudding \$3/\$6 Vanilla almond milk, chia seeds, strawberry, blueberry, pineapple, granola Allergens: seeds, nuts **Energy Bites** \$3/\$6 Whole grain rolled oats, peanut butter, honey, milk chocolate chips, chia seed, flax seed Allergens: dairy, seeds, nuts Salad Scoops \$7/\$9 A delicious addition to our complimentary salad offering or as a standalone plate with pita bread, crackers and cornichons, chicken salad, tuna salad or egg salad Allergens: seafood, dairy, egg Grilled Shrimp Cocktail \$20 Fennel, apple, arugula, butternut squash cocktail sauce, Allergens: seafood, shellfish Flatbread \$15 Chicken-fennel sausage, mushrooms, caramelized apple, arugula, roasted garlic, stracciatella, cippolini onion, cider

Fall Emmer Wheat Risotto \$20 Organic farro, pumpkin, butternut squash, shitake, bella, oyster mushrooms, leek, brown butter, arugula, pumpkin seeds Allergens: dairy, wheat, seeds French Dip Sandwich \$20 Prime rib, Vienna garlic bread, provolone, au jus, garlic-rosemary roasted fingerling potatoes, horseradish aioli Allergens: wheat, dairy, egg Roasted Autumn Vegetables \$15 Rainbow carrots, rainbow cauliflower, butternut squash, Brussel sprouts, white bean-parsnip puree, maple glaze Allergens: n/a Pork Tenderloin \$20

Pancetta, butternut squash, Brussel sprouts, carrots, cippolini onion, craisins, raisins, pistachio, crispy garlic apple-maple cream

Allergens: dairy, nuts

Seared Brie Cheese

Spiced red wine poached pear, apple, celery, onion, candied pecans, aigre-doux vinaigrette, everything crackers, grilled herb focaccia

\$20

Allergens: wheat, dairy, nuts