

# the spa

INNS OF AURORA

700 Sherwood Road, Aurora, New York  
315.364.8888 | [innsofaurora.com/spa](https://innsofaurora.com/spa)

## OUR CBD SUITE

We have partnered with CauseMedic, a holistic soil-to-serum company to offer a select suite of extraordinary wellness experiences.

### Ultimate CBD Journey 🌿

CBD scrub, wrap, scalp treatment, and full-body massage  
100 minutes starting at \$425

### Pain Relief Massage with CBD 🌿

Elevate and relax your mind and help provide immediate relief from pain  
50 minutes starting at \$225  
80 minutes starting at \$325

### CBD Skin Repair Wrap 🌿

Restore sun-damaged skin with a cooling spray and CBD crème application  
50 minutes starting at \$195

### CBD Flight 🌿

Relax the body and mind with a hand and foot treatment in Fieldview Studio  
50 minutes starting at \$195

## ENERGY WORK

### Wholeness Healing

50 minutes starting at \$195

### Reiki

50 minutes starting at \$195

## MASSAGE

### Relaxation Massage

50 minutes starting at \$195

80 minutes starting at \$295

### Aurora Massage 🌿

80 minutes starting at \$325

Signature massage including an Aurora scalp and hair treatment

### Aromatherapy Massage

50 minutes starting at \$210

80 minutes starting at \$310

### Abhyanga Massage

50 minutes starting at \$225

80 minutes starting at \$325

### Deep Tissue Massage

50 minutes starting at \$225

80 minutes starting at \$325

Deeper pressure in target areas

### Pain Relief Massage with CBD 🌿

50 minutes starting at \$225

80 minutes starting at \$325

### Ultimate CBD Journey 🌿

100 minutes starting at \$425

### Blue Eucalyptus Energizing Massage 🌿

80 minutes starting at \$350

### Hot Stone Massage

80 minutes starting at \$325

### Prenatal Massage

50 minutes starting at \$195

80 minutes starting at \$295

### Reflexology

50 minutes starting at \$215

### Therapeutic Cupping Massage

50 minutes starting at \$215

80 minutes starting at \$315

### Duet Signature Massage

50 minutes starting at \$450

80 minutes starting at \$650

Duet upgrades, additional price per person:

Abhyanga \$45 | Deep Tissue \$45

## MASSAGE ENHANCEMENTS

Aromatherapy \$30

Cupping \$30

Arnica Oil \$30

CBD Spot Treatment \$40 🌿

## BODY TREATMENTS

### Aurora Ritual 🌿

50 minutes starting at \$225

### Exfoliating Dry Brush

50 minutes starting at \$215

80 minutes starting at \$315

### Red Flower Hammam Ritual

100 minutes starting at \$425

### CBD After-Sun Repair Wrap 🌿

50 minutes starting at \$195

### Signature Scrub

50 minutes starting at \$205

80 minutes starting at \$305

### Signature Wrap

80 minutes starting at \$315

### Manuka Honey Moisture Drench 🌿

80 minutes starting at \$350

## FACIALS & SKINCARE

### Fundamentals Facial

50 minutes starting at \$215

80 minutes starting at \$315

### Dermaplane Facial 🌿

50 minutes starting at \$250

80 minutes starting at \$340

### Microdermabrasion

50 minutes starting at \$250

80 minutes starting at \$340

### Marshmallow Soothing Facial 🌿

50 minutes starting at \$250

80 minutes starting at \$340

### Vitamin C Radiance Facial 🌿

50 minutes starting at \$250

80 minutes starting at \$340

### Beyond Botox Facial

80 minutes starting at \$350

### Oxygen Treatment

80 minutes starting at \$350

### Results-Driven Facial

80 minutes starting at \$370

### Signature Back Treatment

50 minutes starting at \$215

🌿 New and featured for 2025

## FIELDVIEW STUDIO TREATMENTS

### FLIGHTS

*The following flights include a taste of many services within one treatment—each includes attention to the hair, scalp, face, hands, and feet.*

#### Sooth & Restore

*Ideal for tired feet, tight calves, and a busy mind*  
50 minutes starting at \$175

#### Revitalize & Detoxify

*Clarify and cleanse to look and feel your best*  
50 minutes starting at \$175

#### Indulge & Unwind

*Deluxe applications for soft face, hands, and feet, 50 minutes starting at \$175*

#### CBD Flight

*Relax the body and mind*  
50 minutes starting at \$195

#### Tropical Bliss

*Available June—August 2025*  
50 minutes starting at \$195

### HANDS & FEET

*Please note that we do not offer gel or acrylic nail applications, nor are we able to remove existing gel or acrylic nails.*

#### Hot Stone Pedicure

50 minutes starting at \$150

#### Red Flower Hammam Ritual Pedicure

80 minutes starting at \$225

#### CBD Pedicure

50 minutes starting at \$175

#### Manicure & Pedicure

80 minutes starting at \$225

### ADD-ONS TO ANY OTHER SERVICE OR HYDROTHERAPY PASS

#### Spa Manicure

50 minutes starting at \$125

#### Polish Change

20 minutes starting at \$75

#### CBD Wellness Beverage Shot

\$20

## SPA ACCESS FOR OVERNIGHT GUESTS

*Overnight guests who reserve a spa service will have access to the spa on the day of that service.*

### Soak & Steam Pass

*Two-hour access by appointment, excluding access to the café \$85*  
8:30–10:30 a.m. or 5:30–7:30 p.m.\*

*\*Except Sundays, November through April. Please ask our Reservations Department for details.*

## PONDVIEW RENTALS

*Reserve this private space for groups of up to 16 guests. Coffee, tea, and water included; catering options are available. We do not permit outside food and beverage. Catering menu for Pondview gathering available on request.*

### One Hour Celebration

*Perfect for raising a glass or sharing a cake*  
\$200

### Day

*Half Day \$500 | Full Day \$1,000*

## CAFÉ

*Your visit to the Spa includes complimentary soup, salad, tea, water, and coffee in the café. Additional a la carté items include specialty coffee, wine, beer, kombucha, smoothies, non-alcoholic elixirs, vegetable boards, wraps, yogurt parfaits, chia pudding, energy bites, and more.*

## POLICIES

*Overnight guests of the Inns of Aurora may book spa appointments as soon as they reserve their stay. For best availability, we strongly recommend booking treatments as early as possible. Spa reservations are required to access the facility. The booking window for day visitors varies based on availability.*

*Please refer to your treatment confirmation email for policy details. If you have questions about the Spa and our treatments menu, please contact us. We would be happy to help you set up a treatment sequence.*

 *New and featured for 2025*

TREATMENT PRICING MAY VARY BASED ON THE DAY OF WEEK AND TIME OF DAY, AND DURING PEAK DEMAND TIMES INCLUDING BUT NOT LIMITED TO WEEKENDS AND HOLIDAYS.

10/9/2025

